



Seattle Skeet and Trap Club

Skeet: The Sport was developed in the early part of the 1900s for shooters to keep abreast of their wing-shooting skills when out of hunting season. Skeet is a recreational and competitive activity where participants attempt to break clay disks flung into the air at high speed from a variety of angles. For the American version of the game, the clay discs are 4 and 5/16 inches in diameter, one and 1/8 inches thick, and fly a distance of 60 yards (+/- 2 yards).



Trap: The sport is in some ways a replacement for a game where the targets were live pigeons. Indeed, one of the names for the clay targets used in shooting games is *clay pigeons*. The layout of modern trap shooting is different from skeet shooting in that there is only one house that releases targets and the shooters only move through 5 different positions.



Five Stand: There are five stations, or *stands* and six to eight strategically placed clay target throwers. Shooters shoot in turn at various combinations of clay birds. Each station will have a menu card that lets the shooter know the sequence of clay birds he or she will be shooting at (i.e. which clay target thrower the clay bird will be coming from).



Sporting Clays: This is a form of clay pigeon shooting. Often described as 'golf with a shotgurl', the sport differs from trap and skeet shooting in that it involves shooting clay targets at multiple locations (called stations). Unlike trap and skeet, which are games of repeatable target presentations, sporting clays targets are thrown in a great variety of trajectories, angles, speeds, elevations and distances. The original idea behind sporting clays was to create an experience that more closely reflects actual hunting conditions



Youth Program:

It's the journey that we share, the program the building blocks of sporting clays and life. Our youth will take these lessons to all competition, school, their first job, college, their friends and family.



We promote Safety, Fun, Hunting and outdoor education. Safety is incorporated into every facet of training and competition. We are focused on providing young people with a positive experience in sports. To instill in young people a set of personal values that teaches fair play, compassionate understanding, individual responsibility, sportsmanship and personal commitment, qualities that will serve them well throughout their lives. See the SST Range Master for more details

Group and Corporate Events

We offer programs that can be customized to your needs and group size.

Target shooting formats

- Trap, Skeet
- Five-Stand
- Sporting Clays



What to expect in your outing:

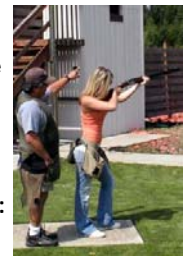
- Shooting and Clay Target Overview
- Safety presentation and discussion
- Basic Instruction
- Catered Lunch (menu can be customized)
- Targets and Shells

To schedule your event contact:

John Abbott (425)392-1972

Instruction

We welcome shooters that would like to begin shooting by removing the intimidation factor of shooting in public while starting off with the correct basics.



We provide instruction for:

- Trap
- Skeet
- 5-Stand
- Sporting Clays
- FITASC

Go to www.sstclub.com or see the SST Range Master for more details